



# February



Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>PWR!</b> 9:15 - 9:45 (Melissa)		<b>Balance Basics</b> 9:00 - 9:30 (Melissa)		
<b>Water Aerobics</b> 10:00 - 10:45 (Morgan)	<b>Water Aerobics</b> 10:00 - 10:45 (Melissa)	<b>Aqua Cycling</b> 10:00 - 10:45 (Melissa)	<b>Water Aerobics</b> 10:00 - 10:45 (Melissa)	<b>Water Aerobics</b> 10:00 - 10:45 (Morgan)
				
<b>Senior Fit</b> 2:00 - 2:45 (Morgan)		<b>Senior Fit</b> 2:00 - 2:45 (Morgan)		<b>Senior Fit</b> 2:00 - 2:45 (Morgan)
				
	<b>Aqua Cycle</b> 4:45 - 5:30 (Morgan)	<b>Water Works</b> 4:30 - 5:15 (Morgan)	<b>Aqua Noodle</b> 4:30 - 5:15 (Morgan)	
<b>Aqua Mix</b> 5:15 - 6:00 (Amanda)	<b>Cardio Plus</b> 5:30 - 6:00 (Morgan)		<b>Butts N' Gutts</b> 5:30 - 6:00 (Morgan)	