

Who We Are

Bethesda is centrally located in a residential area of Willmar with neighbors such as the schools, business districts, banks and medical centers.

Our 420 dedicated staff and 250 committed volunteers share the heartfelt belief that each and every person has value, is deserving of respect, and has a lifelong need to be creative, productive and useful. The high quality of service delivered at Bethesda is a testament to the dedication of a strong team that lives the mission of enhancing quality of life for older adults on a daily basis. We are the fifth largest employer in Willmar.

Bethesda's annual budget is approximately \$18 million and encompasses all aspects of care throughout the continuum of services, including:

HOUSING

Developed to offer independence, security and services in an apartment-style atmosphere, our

retirement communities are guided by the rich tradition of Bethesda. The ever-changing needs of older adults are met in an environment of dignity and respect. Located in a residential neighborhood, our campus is just minutes from medical centers, hospitals, cafés, public transportation and an active senior citizen center. Gracious dining rooms, comfortable lounges and coffee areas radiate a friendly sense of community at Bethesda.

SKILLED NURSING

Bethesda has provided skilled nursing care for more than 60 years. Today's capacity to serve longer-term residents is 248 skilled licensed beds. Our staff is highly attuned to caring for residents and their particular needs. Staff members share a commitment to compassion, quality care and individual attention.





ASSISTED LIVING

Sunrise Village and Park View Village provide a combination of 112 assisted and independent living apartments. Tenants enjoy apartments of varying sizes and a complete range of services that include three daily meals from a full restaurant-style menu, housekeeping services, activities and nursing services. Community spaces include dining rooms, a beauty/barber shop, private meeting rooms, a library area, and the chapel.

SENIOR APARTMENTS

Sunrise Village provides apartments for those seniors who want independence and security without the responsibilities of yard work and maintenance. Centennial Square, with 40 units, meets the growing need for income-based senior housing.

REHAB/SHORT-STAY PROGRAM

Bethesda's rehabilitation program includes occupational, speech, and physical therapy for seniors who need to regain their strength after surgery or acute illness. Services are designed to meet individual client goals with an option for in- or out-patient care.

In addition to offering traditional therapy,
Bethesda specializes in orthopedic rehabilitation—the treatment of joint replacement, fractures, and neurological disorders, including strokes and Parkinson's. We empower residents with strengthening exercises, mobility training, medication and pain management, incision care, and fall prevention strategies. These services have the goal of maximizing independent living activities (bathing, dressing), helping the patient move without a walker or crutches, and teaching the patient how to avoid injuries. Staff are trained on orthopedic protocols in an effort to allow for more effective and shorter recovery times.

HOME HEALTH

Bethesda Home Health is a Medicare-certified, Class-A agency serving seniors living independently in their own homes. Serving an area within a 20-mile radius of Willmar and including Kandiyohi and Renville counties, it assists those who are in need of medical, nursing, social or therapeutic treatment and/or assistance with the essential activities of daily living. Services are tailored to individual needs and provided on a one-to-one basis. Team members may include home makers, RNs, home health aides, and physical/occupational/speech therapists. Home Health Care has experienced significant growth recently and has expanded its service area as a result. Offices are located in Willmar and Olivia.





WELLNESS CENTER/WELLNESS PROGRAMMING

The Bethesda Wellness Center (Club Bethesda) offers programming and services for adults age 50+, serving approximately 650 individuals in the community. Additionally, the Wellness Center serves Bethesda residents, tenants and clients. Wellness classes are conducted in an environment of trust and caring that are also designed to be fun.

We firmly believe that seniors embrace a renewed level of living, with heightened meaning and purpose, when they participate in wellness programs. Research and experience have shown that wellness mitigates the causes rather than treats the symptoms of aging. The result is greater independence, increased involvement in activities and socialization, and improved quality of life.

DAY BREAK-ADULT DAY SERVICES

In the caring tradition of Bethesda, we have blended our knowledge of health care with our desire to embrace the special needs of both the older adult and the physically challenged individual. Bethesda Day Break, an adult day services program, provides a unique daily alternative for individuals who require extra support to remain in the community, and provides needed respite for caregivers.

LICENSING ACCREDITATION AND PROGRAM EVALUATION

Bethesda is a fully-licensed Medicare-certified organization and remains in good standing with Minnesota and federal regulations, Medicare, Medicaid, and local county health providers. Regular visits to Bethesda by the Minnesota Department of Health, Occupational Safety and Health Administration (OSHA), and fire and safety inspectors, ensure readiness, safety and awareness of staff. Bethesda consistently achieves scores higher than the Minnesota standards on key quality indicators such as resident quality of life and care.

STRATEGIC PARTNERSHIPS

Bethesda has chosen to remain independent from other larger health care organizations. However, we recognize the value of carefully selected, strategic partnerships that strengthen our ability to serve our residents and tenants. We have established valuable partnerships with other health care providers with the goal of enhanced quality care. These include: Willmar-Kandiyohi County Economic Development Commission, Kandiyohi County, City of Willmar, Willmar Lakes Area Chamber of Commerce, MN Department of Health and Human Services, ProRehab, A'viands, USDA, Struthers Parkinson's Institute, and National Parkinson's Foundation Minnesota among others.





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